

Walker's name: \_\_\_\_\_

Who are you walking for? \_\_\_\_\_

# STEPS FOR SURVIVORS

### STEP CHALLENGE



JOIN ME IN  
WALKING  
5000KM  
ACROSS  
ONTARIO



## LEGEND

| LEGEND                    |                   |  |  |
|---------------------------|-------------------|--|--|
| 1 minute of brisk walking | approx. 110 steps |  |  |
| 1,500 female steps        | 1 kilometre (Km)  |  |  |
| 1.300 male steps          | 1 kilometre (Km)  |  |  |

# STEPS FOR SURVIVORS

## June 1 – 30, 2025

### *Pledge Sheet*

Form submitted by (First & Last Name): \_\_\_\_\_

Phone Number: \_\_\_\_\_

1. Print Name and Address clearly.
2. Tax Receipts will be issued to anyone who requests a receipt for their donation of \$20 or more.
3. To issue tax receipt, the full mailing address must be included.
4. One receipt will be issued per each separate donor.
5. Multiple receipts cannot be issued if multiple donations are submitted as one cheque.

Office Use  
Only

| SPONSOR'S NAME                       | ADDRESS | CITY | POSTAL CODE | EMAIL | PHONE | PLEDGE | COLLECTED | RECEIPT |
|--------------------------------------|---------|------|-------------|-------|-------|--------|-----------|---------|
| 1                                    |         |      |             |       |       |        |           |         |
| 2                                    |         |      |             |       |       |        |           |         |
| 3                                    |         |      |             |       |       |        |           |         |
| 4                                    |         |      |             |       |       |        |           |         |
| 5                                    |         |      |             |       |       |        |           |         |
| 6                                    |         |      |             |       |       |        |           |         |
| 7                                    |         |      |             |       |       |        |           |         |
| 8                                    |         |      |             |       |       |        |           |         |
| 9                                    |         |      |             |       |       |        |           |         |
| 10                                   |         |      |             |       |       |        |           |         |
| 11                                   |         |      |             |       |       |        |           |         |
| 12                                   |         |      |             |       |       |        |           |         |
| 13                                   |         |      |             |       |       |        |           |         |
| 14                                   |         |      |             |       |       |        |           |         |
| 15                                   |         |      |             |       |       |        |           |         |
| Thank you for your generous support! |         |      |             |       |       | TOTAL: |           |         |